

Introduction

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Clinics

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Disclosures:

Employed by University of California, San Francisco

No conflicts of interest or commercial interests to disclose.

Brief history of care of trans youth

1950's

- Agnes Torres at UCLA
 - Presented seeking vaginoplasty to Robert Stoller's Gender Identity Clinic at UCLA in 1958
 - Described extensively by Stoller and Harold Garfinkle, PhD
 - Posed as intersex: AMAB, "testicular feminization" at adolescence. Described as female bodied "38-25-38"
 - Had vaginoplasty in 1959 at age 19
 - 1966: Agnes admitted to Stoller taking mother's estrogen to halt puberty at age 12 and develop as female adolescent

History of trans care of youth

1960's-1980's

- Richard Green's Feminine Boy Study 1960s-1980s
 - Boys brought in by parents for exhibiting feminine behavior
 - Followed longitudinally from childhood through adolescence
 - Most identified as cisgender gay men at age 18
 - Some underwent reparative therapy (Rekers/Lovaas)
 - Participants as adults reported harm from being participants
 - Mistaken idea that trans kids overwhelmingly desist

Backlash against trans care for adults: 1979 JHU clinic closure;
1981 CMS trans health care exclusion (reversed in 2014)

History of care of trans youth

1990's to early 2000s

- Increased visibility of trans youth but few resources
- Movement against reparative therapy (1998 APA statement)
- Start of affirming model for care for trans youth
 - Dimensions Clinic 1998 San Francisco
 - Support group for parents (Menvielle and Tuerk, JAACAP 2002)
- 1998: First published report of Dutch group on using puberty blockers on a 13 year old

History of care of trans youth

2000s to present

- Affirming care for trans youth expands in US
 - Gender Management Service (GeMS) in Boston 2007
 - UCSF 2009, now many more

Reversal of trans health exclusions:

2013 California; 2014 CMS

Research supporting an affirmative model

Expansion of support for trans kids in society and schools

Backlash: bathroom wars, ROGD

WPATH and the Standards of Care

Wpath.org

- The World Professional Association for Transgender Health since 1979 has published clinical guidelines for the multidisciplinary care of trans people, the Standards of Care
- WPATH periodically updates the SOC by consensus of experts
- SOC 7 released in 2011
- SOC 8 due within the next year

SOC 8 process

- SOC 7 Chair Eli Coleman, PhD is editor of SOC 8
- Asa Radix, MD and Jon Arcelus, MD, PhD are co-editors
- Chapter leads were then selected
- Remainder of SOC 8 committee were selected by editors and chapter leads and approved by the WPATH Board this month
- Johns Hopkins team selected and hired to rate levels of evidence in literature
- Each chapter will publish a review and recommendations
- Draft of SOC 8 will be written
- Each member of SOC 8 committee will review document as a whole and offer revisions, towards reaching consensus
- Goal is completion in 2019 or 2020.

Proposed chapters in SOC 8

Chapter Name
Global Applicability of the Standards of Care
Terminology – Diagnostic criteria
Epidemiologic Considerations
Overview of Therapeutic Approaches
New: The role of Primary Care in Gender Health
Assessment, Support and Therapeutic Approaches of Children
NEW: Assessment, Support and Therapeutic Approaches of Adolescents with Gender Diversity/Dysphoria
New: Assessment and Therapeutic Approaches of Non-Binary
New: Assessment of Adults with Gender Variance/Dysphoria
New: Mental and Behavioural Health Conditions in Adults
Hormone Therapy for Adolescents and Adults
New: Sexual Health Across the Lifespan
Reproductive Health for Adolescents and Adults
Voice and Communication Therapy
Surgery Chapter for Adolescents and Adults
Postoperative Care and Follow-Up Chapter
Applicability of the Standards of Care to People Living in Institutional Environments
Applicability of the Standards of Care to People with Intersex Conditions
NEW: Applicability of the Standards of Care to Eunuchs
NEW: Competency, Training, Education, Ethics

The speakers